Scoring the Lower Extremity Functional Scale (LEFS) Questionnaire:

The LEFS is easy to administer and score and can be used to establish functional goals. It is applicable to a wide range of disability levels and all lower-extremity conditions. This questionnaire measures a patient’s initial function, ongoing progress, and final outcome. It is a self-report condition-specific measure that has been proven to yield reliable and valid measurements.

### Scoring

LEFS is scored via summation of all responses (one answer per section) and compared to a total possible score of 80.  \( \text{Score} = \frac{\text{sum of responses}}{80} \)

The LEFS raw score is the final score and should be compared to the total possible score of 80 as a reference.

Error +/- 5 points; an observed score is within 5 points of a patients “true” score.

Minimum detectable change (MDC): 9 points; change of more than 9 points on the LEFS represents a true change.

Minimum clinically important difference (MCID): 9 points; “Clinicians can be reasonably confident that a change of greater than 9 points is… a clinically meaningful functional change.”

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OptumHealth recommends completion of outcome measures at the time of the initial submission (baseline), request for additional services (response to treatment), and patient discharge (effectiveness of intervention).

Document the score on the Patient Summary Form.

Score = sum of responses = \( \frac{29}{80} \) * For OptumHealth forms please enter the sum of responses as the “score” on the Patient Summary Form (i.e. 29)